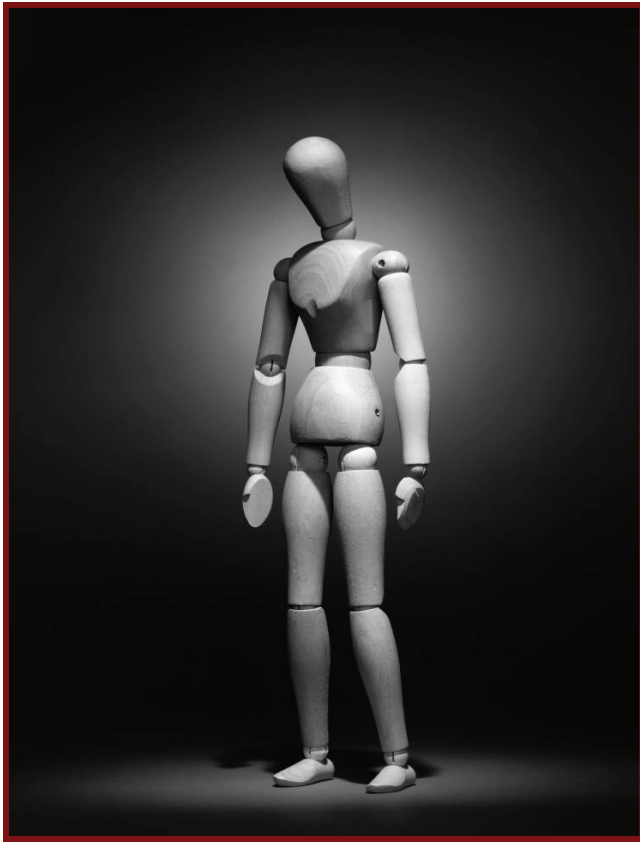


The Maryland Psychiatric Society
presents

I Can't Help It...

Disorders of The Obsessive Compulsive Spectrum



Saturday March 31, 2012
8:30 am-4:30 pm

The Conference Center at
Sheppard Pratt

6.25 CME/CEU Hours*

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The Maryland Psychiatric Society
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*Accreditation/Designation

The Maryland Psychiatric Society is accredited by MedChi, The Maryland State Medical Society, to sponsor continuing medical education for physicians. The Maryland Psychiatric Society designates this continuing medical educational activity for a maximum of 6.25 *AMA PRA Category 1 credits*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity is approved for a maximum of 6.25 hours of Category I Continuing Education for Social Workers by the Maryland Board of Social Workers.

This activity is approved for a maximum of 6.25 hours of Continuing Education for Psychologists by the Maryland Board of Examiners for Psychologists.

This activity is approved for a maximum of 6.25 hours of Continuing Education for Counselors and Therapists by the Maryland Board of Examiners for Counselors and Therapists.

Agenda

8:30-9:00 - Breakfast and Registration

9:00-9:15

Welcome & Overview—Neil Sandson, M.D.

9:15-10:15

Internet Addiction: Precipitating Factors and Treatment Strategies—Jonathan Kandell, Ph.D.

10:15-11:15

Eating Disorders & Extreme Pursuits: What Can We Learn—Steven Crawford, M.D.

11:15-11:30 - BREAK

11:30-12:30

Pathological Gambling: Addiction, Obsession or Impulse Control Disorder—B. Kenneth Nelson, M.D.

12:30-1:15—LUNCH

1:15-2:15

Hypersexual Disorder: Addiction, Compulsion, Impulsivity or None of the Above - Leonard Derogatis, Ph.D.

2:15-3:15

Understanding & Treating Hoarding: Some Theory, Some Phenomenology & Practical Tips - Sally Winston, Psy.D.

3:15-3:30 - BREAK

3:30-4:30

Don't Look At Me: The Nature & Treatment of Body Dysmorphic Disorder - Charles Mansueto, Ph.D.

Speakers

Jonathan Kandell, Ph.D. - has been on staff at the University of Maryland Counseling Center for 21 years, the last 17 as Assistant Director. He earned his Ph.D. in Counseling Psychology in 1990 and his M.S. in Marriage and Family Therapy in 1986, both from the University of Maryland. Dr. Kandell has been interested in technology and its impact since the mid-1980s, and has been involved in studying and treating internet addiction for 16 years. In 1998 he wrote a lead article, entitled "Internet Addiction on Campus: The Vulnerability of College Students" for the first volume of the journal *CyberPsychology and Behavior*.

Steven Crawford, M.D., is associate director of the Center for Eating Disorders at St. Joseph Medical Center in Towson Md. He coordinates the inpatient and day treatment programs at the center, and is director of the postgraduate fellowship program in eating disorders at the University of Maryland School of Medicine. He has been principal or co-principal investigator of a number of studies assessing psychological and pharmacological treatment of patients with eating disorders.

B. Kenneth Nelson, M.D. - is a graduate of Temple University School of Medicine and completed psychiatric residency at Norristown State Hospital. He was the director of the Inpatient Gambling Treatment Unit at Valley Forge Medical Center and Hospital from 1986 to 1992. He is the Medical Advisor to the Pennsylvania Council on Compulsive Gambling and has received that organization's Man of the Year Award. He is currently in private practice in near Philadelphia.

Leonard DeRogatis, Ph.D. - After receiving his Ph.D. in psychology from Catholic University in 1965, Dr. DeRogatis began his academic career at the Biometrics Laboratory of George Washington University. In 2003, Dr. DeRogatis became Director of the Johns Hopkins Center for Sexual Medicine, and in 2006, moved the Center to Sheppard Pratt Hospital in Baltimore. His personal research is currently focused in sexual medicine, where he is doing sponsored studies on the screening, diagnosis and treatment of sexual dysfunctions and disorders.

Sally Winston, Psy.D. - is recognized regionally and nationally for her expertise in the treatment of anxiety disorders. She co-founded the Anxiety Disorders Clinic at Sheppard-Pratt Hospital in 1978, and served as Senior Psychologist there until 1992. She provides training and supervision as well as treatment. She has served as Chair of the Clinical Advisory Board of the Anxiety Disorders Association of America and has been involved in public education about anxiety disorders for decades.

Charles Mansueto, Ph.D. - received his doctorate from Catholic University and completed his post-doctoral clinical training at Temple University School of Medicine. He has over 25 years of clinical experience in the application of behavior therapy to a broad range of clinical problems. Dr. Mansueto is past chair and current member of the science advisory board of the national Trichotillomania Learning Center. He also serves as a member of the science advisory board of the Obsessive Compulsive Foundation and of the medical advisory board of the Tourette's Syndrome Association of Greater Washington. He is past professor of psychology at Bowie State University, and is on the clinical faculty of the American School of Professional Psychology at Argosy University.

Goals & Objectives

At the conclusion of the program, the participant should be able to:

1. Diagnose disorders of the obsessive compulsive spectrum.
2. Construct appropriate treatment plans for patients presenting with internet addiction.
3. Detail how the study of extreme pursuit activities can aid in the treatment of eating disorders.
4. Differentiate between impulse control disorder and obsession in the diagnosis of gambling addiction.
5. Compare and contrast impulsivity, compulsion and addiction in patients with hypersexual disorder.
6. Analyze multiple theories of hoarding.
7. Evaluate treatment plans for patients with body dysmorphic disorder

Registration

Name _____

MPS Member Non-Member Psychiatrist

Psychologist Social Worker

Counselor Nurse

Other _____

Address (Please print clearly.)

Phone _____

E-Mail _____

Amount enclosed \$ _____

Saturday, March 31, 2012

8:30 am - 4:30 pm

The Conference Center at Sheppard Pratt

Registration is **\$110.00** for MPS Members
and **\$150.00** for Non-members.

Registration fee includes breakfast, lunch,
snacks, program material and
6.25 CME/CEU credits.

If making your reservations after March 15, 2012
please call 410.625.0232 for availability.

Fees are non-refundable.

Please send check or money order to:

The Maryland Psychiatric Society
1101 Saint Paul Street, Suite 305
Baltimore, MD 21202

REGISTER & PAY ONLINE:

<http://ocdspectrum.eventbrite.com>

*Please indicate if you have special dietary needs
or require other special accommodations.*